

## Extra Mile Challenges

### Payments to Charities 14-Year Summary (2003-2016)



Charity	Total 14 Years to 2016	2016 Lake Geneva
Acorns Children's Hospice	3,298	0
Action4Youth	3,000	0
Action for Kids	5,538	0
Addenbrooke's	4,710	0
Age UK	1,913	0
Air Ambulance	651	0
Air Training Corps	769	0
Alzheimers Society (incl N & mid Beds Branch)	30,215	10,813
Amnesty International	946	0
Anthony Nolan Bone Marrow Trust	2,034	0
Aphasia Trust	338	0
ARK Charity	7,415	0
Aspire	1,605	648
Aspley Guise & Woburn Sands Scouts	5,020	0
Aspley Guise Lower School Parent/Teacher Assoc.	500	0
Association of Young People with ME (AYME)	20,191	3,122
Autism Bedfordshire	2,940	0
Bangsang Hospital Appeal	1,196	0
BECHAR Prebend Street Day Centre	2,682	0
Bedford & District Cerebral Palsy Society	1,454	0
Bedford Daycare Centre	702	702
Bedford Food Bank	557	0
Bedford Guild House	2,726	500
Bedford Hospitals Charity incl various Primrose appeals	28,578	2,151
Bedfordshire & Luton MIND	11,487	0
Bedfordshire Rural Communities Charity	11,356	0
Beds & Northants Multiple Sclerosis Therapy Centre	8,023	2,151
Bedford Samaritans	916	0
Bedford School Foundation	656	0
Bedford Sports Foundation	4,004	2,256
Beds Bucks & Oxon Wildlife Trust	269	0
BEN	298	0
Ben Showell Memorial Fund	743	0
Birmingham & Solihull Women's Aid	1,415	0
Birmingham Children's Hospital	1,604	0
Bletchley Park	1,208	0
Bliss	525	525
Bloodwise	488	488
Blue Smile	536	0
BOAZ Trust	1,271	0
Brainwave	225	0
Breakthrough Breast Cancer	3,780	0
Breast Cancer Care	3,192	0

British Heart Foundation	15,363	892
British Liver Trust	285	0
Bucks Boys Club	1,000	0
Bucks Oxon & Berks Air Ambulance	10,347	0
Calvert Trust	1,021	0
Camphill MK Communities	7,113	0
Cancer Active	2,530	0
Cancer Backup	550	0
Cancer Relief	281	0
Cancer Research UK	37,302	3,312
Canine Partners	785	0
Carers in Bedfordshire	7,553	0
Carers MK	1,644	993
Caudwell Children	1,117	0
Ceoliacs Society	689	0
CHASE Children's Hospice	6,689	0
Chelsea's Angels	375	0
Child Bereavement	993	993
Chilterns MS Trust	873	0
CHIPS East Herts	926	0
Christchurch PCC	875	0
CHUMS	2,850	0
CLIC Sargent	6,368	0
Climb	975	0
Climb Your Mountain	366	0
Combat Stress	471	0
Conquest Centre for Disabled Riding	516	0
Countec	545	0
Cransley Hospice	760	0
CRASH	3,681	0
CRY (Care & Relief for Young People)	1,153	0
Cyclists Fighting Cancer	2,322	0
Cynthia Spencer Hospice	2,880	0
Cystic Fibrosis Trust	4,011	0
Deafblind UK	498	0
Deafness Research	676	0
DebRA	8,968	0
Diabetes UK	1,513	0
Dogs for Good	2,797	0
Dogs for the Disabled	2,205	0
Dorset & Somerset Air Ambulance	707	0
Down's Syndrome (incl Down's Syndrome Educational Trust)	1,456	0
Dreamflight	15,005	0
East Anglian Air Ambulance	15,598	0
Edinburgh Dog & Cat Home	1,374	0
Edith's Home	510	0
Elisabeth Curtis Centre	9,814	6,724
Emmaus Village	6,874	0
Epilepsy Action	588	0
Errwood Road Ladies Bowling Club	400	0

Everyman Charity	1,032	0
ExtraCare Charitable Trust	333	0
Fairfields School Foundation	1,952	0
Families First Bedfordshire	1,075	1,075
Florence Nightingale Hospice	3,749	0
Footprints Foundation	2,576	900
FORCE	1,000	0
Foundation for the Study of Infant Deaths	403	0
Free Wheelers	848	0
Friends of Amwell View	771	0
Friends of the Bereavement Service	500	0
Friends of the Children of Orissa	1,806	0
Friends of the Phoenix Centre	452	0
Gamma Camera Appeal	922	0
Get Kids Going	868	0
Glaucoma Society	225	0
Grange School Fund	1,409	0
Great Ormond Street Hospital for Kids	5,030	0
Guide Dogs for the Blind	367	0
Habitats for Humanity	2,638	0
Harvest India UK	875	0
Headway	445	0
Hearing Dogs for the Deaf	959	0
Help for Heroes	15,099	0
Help our Wounded Royal Marines	507	0
Help the Hospices	1,877	0
Hemihelp	2,124	0
Herts Multiple Sclerosis Treatment Centre	2,572	0
Hinchinbrooke Health Care Trust	682	0
Hope & Homes for Children	747	0
Hospice at Home Bedford	1,515	0
Hounds for Heroes	1,849	0
Hummingbird Centre	8,022	3,000
Huntingdon's Disease Association	1,546	0
Hunts Community Cancer Network	1,758	880
Husborne Crawley Lower School PTFA	350	0
Inter-Action MK	14,805	0
Into the Community - MK Food Bank	8,086	0
Jonathan Conville Memorial Trust	938	0
Jo's Trust	403	0
June Hancock Mesothelioma Research Fund	1,614	0
Keech Hospice Care	49,416	0
Kidney Research UK	822	0
Kid's Company	4,857	0
Kids Out	1,065	0
Kings College Hospital Intensive Care Fund	516	0
Leonard Cheshire Disability	2,042	0
Letchworth Garden City Hospice	863	0
Leukaemia & Lymphoma Research	2,589	0
Leukaemia Busters	500	0

Llanberis Mountain Rescue	1,963	648
Lullaby Trust	1,238	0
Luton Accommodation and Move on Project	1,134	0
Luton & Dunstable Hospital Special Care Baby Unit	1,215	0
MacIntyre Care	8,375	0
MacMillan Care	35,966	702
Making Waves for Alex	1,046	0
Marie Curie Cancer Care	7,273	0
Marlins Special Needs Swimming Club	500	0
Medecines Sans Frontieres	917	917
Medical Detection Dogs	16,010	4,213
Mencap	450	0
Meningitis Research Association	435	0
Mental Health Research UK	1,070	1,070
Mercy Ships	7,415	0
Micro & Anophthalmic Children's Society	993	0
Milton Keynes M S Therapy Centre	8,968	0
Milton Keynes Womens Aid	269	0
Milton Keynes YMCA	16,911	0
MIND	1,383	0
MK Carers	811	0
MK Community Cardiac Group	9,861	0
MK Community Foundation	22,734	6,724
MK Dons SET	14,922	953
MK Reader Service	2,169	0
MKGU Rotary Charitable Trust	55,689	4,862
MK SNAP	34,438	0
MK Springers	941	0
MK Women & Work	250	0
MK Young Carers	11,262	0
Motor Neurone Disease Association	14,278	1,043
Multiple Sclerosis Society	9,343	0
National Association for Colitis & Crohn's Disease	596	0
National Autistic Society	3,252	0
National Brain Appeal	1,869	0
National Kidney Foundation	578	0
Nepal Emergency Committee	956	0
N Herts Hospice Care Association	959	0
Noah's Ark Trust	727	0
Northamptonshire Air Ambulance	583	0
Northamptonshire Community Foundation	1,159	0
Northants Animals Needing Nurturing & Adopting (NANNA)	468	468
NSPCC	1,656	0
Ogogoro School Uganda	1,590	0
Oncology Research & Education Fund	5,741	0
Open Door MK	8,536	0
ORH Charitable Funds (Little Peoples Big Challenge)	1,353	0
OSCAR	7,415	0
PACE Centre	1,553	0
PAFORS	1,371	0

Pancreatic Cancer UK	320	0
Papworth Hospital Trust	1,158	1,158
Parents Staff Association	500	0
Parkinsons Disease Society	1,613	0
Parkinson's UK	1,397	1,397
Peace Hospice	516	0
Pepper Foundation	353	0
Phyllis Tuckwell Hospice	1,224	0
Play Alloa	1,022	0
Poole Hospital Wish List	562	0
Primrose Hospice	801	0
Princes Trust	521	0
Prostate Cancer Charity	37,220	450
PSP Association	2,605	0
Puzzle Centre Trust Ltd	5,718	0
QEHB Charities (Prof James Uro-Oncology Res Fund)	2,032	0
Reach Out	983	0
Re-Cycle Bikes for Africa	2,328	0
Red R	300	0
Relate	7,094	0
Ridgeway School	21,197	0
Ride High	2,169	0
RNLI	10,911	0
Road Victims Trust	11,953	1,439
Romanian Challenge Appeal	8,968	0
Rotary Club of Bedford Park Trust	54,739	5,793
Rotary Club of Northampton Beckett	1,064	0
Rotary Club of St Neots St Mary's Charity Fund	2,629	0
Royal British Legion	643	0
Royal Brompton & Harefield Charitable Trust	836	0
Royal Marsden Hospital	11,117	0
Ruskin Mill Education Trust incl Freeman College, Sheffield	1,018	0
SAFAD	11,708	0
Samantha Dickson Brain Tumour Trust	1,446	0
Samaratans (Bedford)	2,163	0
Save The Children	2,593	803
Sebastion Coe Foundation	450	450
Service Dogs UK	570	570
Sheffield Royal Society for the Blind	486	0
Sickle Cell Society	1,997	0
Sight Concern	1,396	0
Silver Star Society	2,123	0
Smiley Club	956	0
Spinal Injuries Association	1,386	0
Sports Aid	700	0
Sport Relief	25	0
Sports Leaders UK	18,931	0
Spurgeon's Child Care	7,044	0
SSAFA	11,341	0
Stevenage Haven	2,234	977

St Francis Children's Society	3,710	0
St James Place Foundation	800	0
St John Ambulance (Bucks & M. Keynes)	15,571	0
St Johns Special School Assoc	1,851	0
St Joseph's Hospice Association	801	0
St Margaret's Hospice, Yeovil	559	0
Stop the Traffik	984	0
Stroke Association incl Stroke Awareness	6,080	1,497
Sue Ryder Foundation (incl St John's Hospice, Moggerhanger)	46,848	1,892
Sustrans	338	0
SWOP	577	0
Tag Rugby Trust	2,230	0
Target Ovarian Cancer	1,413	1,413
Tavistock Trust for Aphasia	2,818	0
Teenage Cancer Trust	7,491	0
Thames Valley & Chiltern Air Ambulance	1,646	0
Theatre Royal Stratford East	3,344	0
Transaid	1,280	0
Trussell Trust	486	0
Trust for Sick Children in Wales	461	0
U F M Worldwide (ARCA Brazilian Street Children)	17,145	0
Urology Foundation	1,231	0
Variety Club of Great Britain	618	0
Victim Support	6,092	0
Village Challenge	535	0
Wales Air Ambulance	277	0
Warwickshire Air Ambulance	4,001	0
Water Aid	570	0
Wide Horizons	544	0
Willen Hospice	124,278	5,532
Willow Foundation	1,959	0
WorkAid	1,460	0
Worktree	997	0
World Horse Welfare	953	0
Young Enterprise	943	0
Youth in Need	550	0
Youth Sport Trust	932	0
Youth Information Service	7,011	0
<b>Total of 281 Charities</b>	<b>1,395,593</b>	<b>87,095</b>